

Health information for Aboriginal and Torres Strait Islander Queenslanders

Updated as at 13 July 2020



We need to look after **Elders and our Mob**. If you are sick, stay at home or visit your local health service



Funerals, weddings, and gatherings at home and outside can have up to **100 people**

How do I protect myself, my mob and my community?



See a doctor or your local health service if you have a **fever, sore throat or shortness of breath**



Avoid touching surfaces or your face. Eat a healthy diet and remember to exercise



Wash your hands regularly. Cough or sneeze into your elbow



Make sure Elders and sick people have **food and medicine**



Maintain good hygiene and social distancing

Further information

For further information please visit
The Department of Aboriginal and Torres Strait
Islander Partnerships website:
www.datsip.qld.gov.au/coronavirus

Help is available

If you or someone you care about is distressed, in crisis,
suicidal or needs someone to talk to, help is available.
1300 MH CALL (1300 642 255)
13 HEALTH (13 43 25 84)



Queensland
Government